

# A Teacher's Guide to Snowsport



# A Teachers Guide To Snowsports

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## Introduction

Snowsport courses are an ideal school activity, providing new experiences, introducing new skills and providing opportunities to develop personal, social and mental skills.

## What are snowsports?

There is a considerable range of snowsport activities available within the UK and abroad. At one time skiing was the only activity available to schools and although many courses are developed with skiing as the main activity, snowboarding and other activities are increasingly being offered. It is for the course organiser to decide which activities are offered to pupils participating in a snowsport course.

Snowsports are most commonly offered through residential courses abroad but there are other ways of including snowsports as part of the activities offered in school and these are outlined on page 10.

## Aims of the Guide

The aim of this booklet is to arm you with a simple comprehensive guide to assist you with the planning of snowsport activities in schools. The guide provides information on all aspects of snowsport activity planning and sources of further information

# Snowsport An Ideal Activity

## Reasons to Participate

Skiing and snowboarding offer many distinct benefits to those taking part. Valuable contributions are made to:

- \* The acquisition of physical skill and knowledge
- \* Personal and social development
- \* Environmental awareness

snowsports are an ideal activity for any school group:

- \* Skiing and snowboarding are not difficult sports to learn and rely on technique rather than strength or fitness.
- \* The activities have an aesthetic quality enjoyed by those who perhaps do not take to other sporting activities offered through the day-to-day PE curriculum.
- \* Snowsports are individual rather than team sports and have no intrinsic element of competition.
- \* Many pupils who have previously shown little or no enthusiasm in sports often discover unexpected aptitude and skill for snowsports.
- \* Snowsports are accessible to everyone, including those with disabilities.



Participating in a residential snowsport course provides many opportunities to gain a greater understanding of self and others. Much of this is gained through meeting personal challenge; pupils learn to face their fears and may push their own limits safely and successfully. Living and working together gives pupils the chance to identify the strengths and weaknesses of themselves and others, developing relationships with each other and their leaders. Often in a new environment, prejudices that may have previously been evident are overcome as pupils progress together. Snowsports can provide many moments that have a very special and lasting effect.

A residential snowsport course offers many opportunities for environmental education and awareness that a school cannot because of the difference in location and surroundings. For many, this could be the first time in an alpine environment and the dramatic scenery and natural beauty can evoke strong emotions and a sense of awe.

## Snowsport and the National Curriculum

The experiences gained through snowsport; physical, sporting, mental and social are immense and to exclude these opportunities from school and college life may be misguided.

Snowsports fit well within and can link to just about any part of the curriculum through considered and informed planning. The booklet 'Skiing and the National Curriculum' (available from English Ski Council: 0121 501 2314) illustrates how skiing can be developed in line with much of the school curriculum and for those who wish to integrate snowsport into their programmes of study it can offer a good starting point for such planning.

# Planning and Organising a snowsport course

## First Stages

The key to organising a successful snowsport course is in the planning. Early planning is essential to ensure a smooth and enjoyable course. As snowsports courses grow in popularity, bookings are being taken earlier every season and many companies now release preliminary brochures as early as 18 months in advance. It is a good idea to start planning your course at least 15 months in advance, particularly if you are expect to travel during a peak period.

## Term time travel?

There are many arguments for and against snowsports courses being organised during term time. Where there is a choice, it is in the pupils' best interests to travel within term time. There are many benefits of avoiding the peak periods of the Christmas, February half term and Easter breaks.

- \* Prices are substantially lower offering better value for money
- \* Resorts, accommodation and, most importantly, the slopes are considerably less crowded
- \* More time can be spent skiing as less time is spent queuing for lifts
- \* Ski schools are less busy, allowing more instructors and smaller groups
- \* Resort staff can offer a higher level of service than during peak holiday weeks.

## Permission, regulations and guidelines

It is necessary to gain permission to run a snowsport course from the appropriate authority at an early stage. This may be your Head of Establishment, Local Education Authority or School Governors.

Most schools and LEA's have their own set of guidelines regarding activities outside the school. Many LEA's publish guidelines for outdoor education which include specific recommendations for schools' skiing. If your Head of Establishment does not have a copy, these should be obtainable from your LEA. Your LEA Outdoor Education or PE advisor should be able to assist you in providing information specific to your LEA and in completing any relevant forms.

The DfES good practice guide, 'Health and Safety of Pupils on Educational Visits' is an excellent resource designed to help head teachers, teachers, governors and group leaders ensure the health and safety of pupils on school visits. In addition to offering advice on responsibilities, communicating with parents, preparing pupils and visits abroad, it also includes a number of model forms that can be copied or adapted. A three-part supplement to the good practice guide was produced in 2002: Standards for LEAs in Overseeing Educational Visits; Standards for Adventure and a Handbook for Group Leaders. Details of how to obtain a copy of these documents can be found on page 12.

Some LEA guidelines mention the Ski Course Organiser (SCO), Alpine Ski Leader (ASL) or Alpine Ski Course Leader (ASCL) awards. These qualifications are awarded by the governing bodies for snowsport: the English Ski Council, Snowsport Wales and Snowsport Scotland (contact details for these organisations can be found at the back of this booklet). It should be noted that not all of these awards qualify you to supervise children on the mountain. Your tour operator can often give some advice in obtaining these qualifications.



## Choosing your Package

### Tour Operators

To facilitate your snowsports course you will need to appoint a tour operator. Any other method, such as organising all aspects independently, is not advised. Appointing a tour operator benefits your group greatly by taking much of the effort and responsibility of organisation out of your hands.

In selecting a tour operator, you may want to take the following factors into consideration:

- \* Selection of countries/resorts offered and advice on their suitability for the skiing standard of your group
- \* Convenience of departure dates and locations
- \* Range of guarantees provided (e.g. snow guarantee, surcharges)
- \* Number of hours ski/snowboard tuition provided
- \* Extra services and activities
- \* Overall cost
- \* Supervisory staffing ratios

Listed below are some tour operators that specialise in school snowsport packages. Inclusion in this list is not a recommendation nor an indication of quality of service.

### Snowsport Forum Members specialising in schools packages

- \* Club Europe 0870 496 4996 [www.clubeurope.co.uk](http://www.clubeurope.co.uk)
- \* Club Pavilion 0870 055 0870 [www.clubpavilion.co.uk](http://www.clubpavilion.co.uk)
- \* Interski 01623 456 333 [www.interski.co.uk](http://www.interski.co.uk)
- \* PGL Travel 01989 764 211 [www.pgl.co.uk](http://www.pgl.co.uk)
- \* Ski Bound 0870 900 3200 [www.skibound.co.uk](http://www.skibound.co.uk)

### Other Schools Tour Operators

- \* Abernethy Trust Ltd 01479 821279 [www.abernethytrust.co.uk](http://www.abernethytrust.co.uk)
- \* Equity Total Ski 01273 298298 [www.equity.co.uk](http://www.equity.co.uk)
- \* Freestyle Ski Travel 0141 341 0010 [www.freestyleskitravel.com](http://www.freestyleskitravel.com)
- \* Oakhall Skiing & Boarding 01732 763131
- \* OSA Skisafe Travel 0141 812 0925 [www.osatravel.co.uk](http://www.osatravel.co.uk)
- \* Ski Astons 01905 829 200 [www.astons-coaches.co.uk](http://www.astons-coaches.co.uk)
- \* Ski Balkantours 028 9024 6795
- \* Ski Class 0870 513 3733 [www.travelclass.co.uk](http://www.travelclass.co.uk)
- \* Ski Gower 01527 851411 [www.skigower.co.uk](http://www.skigower.co.uk)
- \* Ski Independence 0990 550 555
- \* Skiers World 0870 333 3620 [www.skiersworld.com](http://www.skiersworld.com)
- \* Ski Supreme 01355 260547 [www.skisupreme.co.uk](http://www.skisupreme.co.uk)
- \* Ski Partners 0870 900 3200
- \* Sloping Off 01725 552833
- \* Snowcoach Holidays 01727 833141 [www.snowcoach.co.uk](http://www.snowcoach.co.uk)
- \* Sport & Educational Travel 01502 580 203
- \* TJM Travel 01209 860000
- \* Tops Travel 01273 774666
- \* Victory Tours 01725 552247

\* Indicates operators which are active at the Scottish Ski Areas.

## Working with your Tour Operator

Establishing and maintaining a close relationship with your tour operator can lead to a very successful snowsport course. Your tour operator can assist and advise you in many ways that you may not have thought possible. Some tour operators offer 'inspection visits' to resorts. These are aimed at Teachers and Leaders who are considering a snowsport course or venue for the first time. Many tour operators also offer school visits. This entails a visit to the school to meet the pupils and parents involved in the course, providing an opportunity for them to ask questions, and find out information more. Many tour operators will also carry out a risk assessment for you. This is a requirement by the LEA but can be taken care of by the tour operator.

By maintaining a good working relationship with your tour operator, the process of organising a snowsport course becomes fairly easy. By ensuring that your tour operator understands your requirements, you are on the way to a smooth and enjoyable course. Remember – every query, no matter how small, is a valid one and always worth asking.

## Considerations when planning a snowsports course

The following sections outline aspects of a snowsports course that you may wish to take into consideration. The choices you make will be determined by your schools' needs.

### Costs – what's included?

What is provided in the price of the course, and what is not provided?

Are there any potential surcharges?

What happens if there is little or no snow?

Is insurance included?

What are the staffing ratios?

### Travel

If you are travelling to a European resort you will often have the choice of air or coach travel. Listed below are the main points to consider of each.

#### Air travel

- \* Substantially quicker than travel by coach, although times vary depending on your place of departure.
- \* Travel to and from the UK airport has to be arranged and will not usually be provided by your tour operator.
- \* In-flight meals and entertainment are often provided, although this varies between the airlines.
- \* Resort transfer times range between one and four hours, over and above flight and check-in times.
- \* An exceptionally early departure time from the resort on the return journey is not unusual.

#### Coach travel

- \* Travelling by coach offers significantly lower prices.
- \* Convenient door-to-door service, no transfers are involved.
- \* Coach travel can increase the overall duration of your course by up to two days.
- \* Meals en route may or may not be included in the price, check with your tour operator.
- \* Often there is access to the coach in resort, enabling evening activities and excursions further afield.
- \* It is generally far easier to supervise children on a coach.

#### Accommodation

Accommodation varies greatly between countries. For many groups the main factor in hotel choice is capacity i.e. will you have single occupancy or be sharing with other groups? If you are to be sharing the accommodation with other groups you may wish to ask if they are schools or adult groups.

Other considerations might include:

- \* Room occupancy – how many pupils will be sharing a room.
- \* Distance from the hotel to the slopes and lifts.
- \* Facilities within the hotel – are there public spaces/games rooms for pupils to meet, swimming pool, disco etc.
- \* Meals provided by the hotel – see 'Meals' section below.





## Meals

It is important to determine which meals are provided by the hotel. Breakfast and dinner are usually provided within accommodation costs but arrangements for lunch can vary between the hotels and tour operators. You should determine if lunch is included in the overall costs of your snowsport course, or if pupils will be expected to pay for this themselves. Some tour operators provide a packed lunch while others offer a voucher system. Liaise with your tour operator to establish arrangements to suit your group.

Another consideration is whether your accommodation can cater for special dietary requirements. Are there arrangements in place for vegetarians or for those with food allergies?

## Instruction

There are also factors to take into account when considering the instruction package for your group. Some tour operators have their own ski schools employing British instructors while others use the local ski school to provide lessons. Questions you may wish to ask your tour operator include:

- \* Will the instructors be English speaking?
- \* How many hours of instruction will be provided?
- \* What is available for the group leaders and teachers when the pupils are skiing/snowboarding? Will they be able to participate in lessons?
- \* Who will supervise the pupils at lunch time?
- \* \* Will there be time available to practise after lessons?

\* It is essential to ensure that if pupils are allowed to ski or snowboard out with their lessons that they do so with a suitably qualified person. An experienced skier or someone who has been on a similar course before will not necessarily be qualified to supervise others skiing. It is also essential that you adhere to your LEA's minimum guidelines for supervised skiing. For further information read Section 4, which outlines qualifications available for teachers and leaders.



## Evening activities

The range of evening activities offered will vary greatly between tour operators and resorts. The activities that you choose to participate in will be suited to your requirements. Your tour operator should be able to provide you with a list of activities that are offered. It is important to outline which activities your group will be participating in well in advance. This gives plenty of opportunity to brief parents and pupils before the course, as some activities may need further consent.



## Anticipation and planning

It is essential that everybody involved in your snowsports course is well prepared and has been given all the information that they may need, whether they may be staff, pupils or parents. A parent and pupil information evening may be considered to cover the following points. Your tour operator may be able to assist you in this; some are available to visit your school for a presentation evening.

## Preparing yourself

More injuries occur through traditional school sports like football and rugby than by a sport like skiing. Unfortunately, irrespective of the precautions that have been taken, accidents and illness can occur. By ensuring that you have all the information regarding each pupil's medical needs and their home contact details, dealing with an incident can be relatively stress free.

A medical consent form should be part of the parental consent form allowing the pupil to participate on the snowsports course. The parental consent form will ask the parent for details of the following:

- \* Any allergies or medical condition the pupil may have. (If any pupil has a particular medical condition has the parent checked with their GP that the child is fit to ski, will cope with the mountain environment, cold and high altitudes. It may be necessary to check with the insurance provider that, where a child suffers from a particular medical condition, they will provide cover for the complaint);
- \* Any medication the pupil is taking and whether the pupil administers their own medication, or how it should be administered;
- \* The name address and telephone number of the pupil's GP;
- \* Any medical/dietary requirements;
- \* Any other information which the parent thinks should be known
- \* Parental contact details (daytime and evening)
- \* An alternative contact person and their details.

The medical consent form will ask parents to agree to the pupil receiving emergency medical treatment as considered necessary by the medical authorities.



## Preparing the Parents

The following information is essential for parents:

- \* Dates of the course, including departure and estimated return times;
- \* Where the group will leave from and return to;
- \* Forms of transport and the name of travel companies;
- \* Details of accommodation, including living arrangements;
- \* Details of each activity that the group will be participating in and the level of supervision for that activity;
- \* Name of the group leader, accompanying adults and contact details;
- \* Exactly what clothing and other items are required for the course;
- \* Amount of money allowed, the appropriate currency and how this will be managed;
- \* Details of insurance or medical cover and accident/illness procedures;
- \* Parents should also be made aware of all the expected behaviour of all pupils.

It is important to leave each parent/guardian a list detailing how to contact staff in resort in case of an emergency, and a list detailing how to contact the school and other parents.

## Preparing the Pupils

Providing information and guidance to pupils is an important part of organising your snowsport course. Every pupil should clearly understand what is expected of him or her when away from the school and what the course will entail. A course of pre-ski training exercises for participants is advised as students will be making some infrequently used muscles work harder than normal.

### Participation

Each pupil should be made aware of the activities they will be participating in when they are away, and ensure that they are capable of undertaking these activities. If evening activities are to be included on your course, then pupils should also be prepared for each of these. Pupils should be aware of any clothing or equipment that is required to participate in every activity, for example, swimming costumes or paper and pens. Some snowsport specific kit which pupils require includes:

- \* Sturdy shoes for walking on snow
- \* Ski jacket – wind and waterproof
- \* Salopettes or overtrousers – wind and waterproof
- \* Gloves – wind and waterproof
- \* Hat – large enough to cover ears, made from wool/acrylic mix or fleece fabric
- \* Goggles and sunglasses – both are desirable, goggles are essential
- \* High factor sunscreen and lipsalve
- \* Socks – 2 pairs of loopstitch tube socks are recommended
- \* Other layers – synthetics are best as they dry quickly, do not retain moisture and still feel warm even when damp. Tights or tracksuit bottoms are ideal for wearing under salopettes. For the top half of the body, thermal underwear or synthetic long-sleeved t-shirts are ideal, with fine polo necks for a mid layer and a warm fleece or pullover on top. Several thin layers offer the most flexibility when faced with a range of weather conditions as so often occurs in the mountains.

Some shops hire clothing for school trips, supplying suitable clothing at affordable prices. A listing of these shops is available using the on-line searchable database at [www.snowlife.org.uk](http://www.snowlife.org.uk)

### Behaviour

All pupils should fully understand how they are expected to behave when they are away well in advance of the snowsports course. A lack of discipline can easily lead to an accident, on or off the slopes. Make each pupil aware of any potential dangers and how they should act to ensure their own safety and that of others.

Matters that should be discussed before the snowsports course include what standard of behaviour is expected from the group. Any rules regarding appropriate or inappropriate personal and social conduct (including sexual activity, smoking and drinking) should be made clear prior to departure.

# Training and Qualifications for Teachers and Leaders

There are formal snowsport awards and qualifications available to teachers and group leaders provided by the National Governing Bodies for snowsport. Listed below are the qualifications available and a brief description of each. For further information about any of the courses, contact the awarding body direct.

## Ski Course Organiser



**Awarding Body:** English Ski Council (0121 501 2314) and Snowsport Wales (02920 561904)

**Duration:** The course is usually held over two days.

**Entry Requirements:** No previous skiing experience is required before attending this course.

This is a basic course designed to advise leaders on how to organise school, club and youth group ski courses safely, responsibly and effectively.

\* This award does not qualify the holder to supervise skiing or snowboarding.

## Alpine Ski Course Leader



**Awarding Body:** Snowsport Scotland (0131 445 4151)

**Duration:** 7 days, on snow

**Entry Requirements:** Minimum age of 18 years; basic parallel skiing on groomed red slopes; candidates must hold a first aid certificate before being awarded the qualification.

The Alpine Ski Course Leader award (ASCL) is designed to train and qualify adult leaders, teachers and ski club members to introduce young people to skiing and to lead them on behalf of recognised educational establishments or clubs affiliated to the Governing Body. The three components of the ASCL award are group leadership, mountain skills and skiing skills.

\* This qualification does not allow the holder to instruct skiers.

## Alpine Ski Leader



**Awarding Body:** Snowsport Scotland (0131 445 4151)

**Duration:** 7 days, on snow

**Entry Requirements:** Minimum age of 18 years; basic parallel skiing on groomed red slopes; candidates must hold a first aid certificate before being awarded the qualification.

The Alpine Ski Leader (ASL) course is designed to train and qualify responsible skiers who are interested in the encouragement of young skiers and who seek to lead such skiers within the boundaries of snow skiing resorts. The course contains elements designed to improve the participant's ability to lead skiers in a mountain environment and to introduce skiing to children and youths in a safe and enjoyable manner.

## Snowboard Leader



**Awarding Body:** Snowsport Scotland (0131 445 4151)

**Duration:** 6 days, on snow

**Entry Requirements:** Minimum age 18 years; confident riding on all marked runs; candidates must hold a first aid certificate before being awarded the qualification.

The Snowboard Leader course is designed to train and qualify responsible snowboarders to safely lead groups of snowboarders within patrolled areas. The award is primarily aimed at teachers, youth group leaders and other responsible adults wishing to encourage and supervise young snowboarders. The content of the course includes technical snowboarding, leadership and mountain skills.

# UK Based Snowsport Activities for Schools

A snowsport course abroad is not the only option available to schools. Great Britain has the largest concentration of artificial ski slopes worldwide, as well as two indoor snow slopes. These provide excellent instruction and practise facilities throughout the year. Many slopes provide lessons for school groups, whether as preparation for a course abroad or as a stand-alone activity.

Taking lessons at your local slope can contribute towards elements of P.E. in both the National and the Scottish curriculum. Alternatively, lessons can be arranged as an extra-curricular activity. Most slopes are able to cater for both skiing and snowboarding activities, at all levels, and many have developed packages specifically for school groups. Slopes are open throughout the year and in all weather conditions, allowing you to create an extensive snowsport programme for your pupils.

There are also five ski areas in Scotland, all of which welcome school groups and which are usually open from late December until April ([www.ski.scotland.net](http://www.ski.scotland.net)). There are also some schools tour operators who either specialise in, or are experienced in arranging trips within Scotland.

Many schools, (both primary and secondary) up and down the country have formed snowsport clubs. These clubs may practise at their local slope and even participate in some races.



## Snowlife UK Snowsport Awards

The UK Snowsport Award Scheme is a fun set of nine awards that you can achieve through participation, awareness and safety in your chosen snowsport.

The scheme offers comparable awards for both skiing and snowboarding ensuring a consistent progression through all levels; from beginner to expert whether on dry slopes or on snow.

Participants are encouraged to work through these awards with an assessor who must be a leader, instructor, or coach.

The Awards start with Penguins and Polar Bears, which are aimed at children under six years and followed by nine awards for children over 6 years right up to adults of any age.

Ask your tour operator or your local slope if they participate in the award scheme.

## School Skiing Associations

If your school is fairly active in skiing, then it is a good idea to join a Schools Skiing Association. Schools Ski Associations exist to share resources and to bring schools together in friendly competitions. This is a great way to introduce pupils to competitive skiing in a fun and friendly atmosphere.

Individual schools can join either a National or Regional Schools Ski Association. Listed below are the National Associations. Each of these can provide you with details of Regional Associations in your area.

English Schools Ski Association (ESSkiA)  
Contact: Nigel Robinson 01234 332500

ESSkiA organise competitive events and promote skiing in Schools. The organisation is specifically geared toward assisting teachers and individuals representing their school and schools teams throughout the UK and worldwide. ESSkiA are also responsible for Regional and England schools squads representing England on plastic and on snow. School membership provides appropriate registration and insurance requirements for competitive individual and team entrants in UK competitions (subject to type of race).

Scottish Schools Ski Association (SSSA)  
Contact: Dollar Academy 01259 742511

SSSA exists to promote the sports of skiing and snowboarding within Scottish Schools. Every school in Scotland is eligible for membership. There are a number of benefits of membership of SSSA, the first being that SSSA is a course organiser, arranging Alpine Ski Leader and First Aid courses for teachers and value-for-money insurance to cover staff and pupils on skiing activities. The SSSA newsletter keeps members informed of all events and races on both snow and artificial slopes, for secondary and primary schools and for individuals and schools teams. In addition, SSSA organise teams for the British Schools and World Schools events.



# Snowsport Facilities

Listed below are UK facilities for snowsports. If you are unsure which slope is nearest to you, the BSSOA (British Ski Slope Operators Association) has a map on their website at [www.bssoa.co.uk](http://www.bssoa.co.uk)

## Artificial Ski Slopes

**Ackers Trust Ski Centre**  
0121 772 5111  
[www.ackers-adventure.co.uk](http://www.ackers-adventure.co.uk)

**Alford Ski Centre** 01975 563024  
[www.alford-ski-centre.co.uk](http://www.alford-ski-centre.co.uk)

**Alpine Snowsports**  
01252 325889  
[www.alpinesnowsports.co.uk](http://www.alpinesnowsports.co.uk)

**Ancrum Outdoor Education Centre**  
01382 435911

**Aviemore Ski and Snowboard School** 01479 810296

**Avon Ski Centre**  
01934 852335  
[www.highaction.co.uk](http://www.highaction.co.uk)

**Ballater Ski Slope**  
013397 55858  
[www.whitetiger.fsnet.co.uk](http://www.whitetiger.fsnet.co.uk)

**Bassingbourn Ski Centre**  
01763 848 114  
[www.ski.co.uk/bassingbourn](http://www.ski.co.uk/bassingbourn)

**Bearsden Ski Club**  
0141 943 1500  
[www.skibearsden.co.uk](http://www.skibearsden.co.uk)

**Bishop Reindorp Ski Centre**  
01483 504988  
[www.brski.co.uk](http://www.brski.co.uk)

**Bowles Outdoor Centre**  
01892 665665  
[www.bowles.ac](http://www.bowles.ac)

**Bracknell Ski & Snowboard Centre**  
01344 789000  
[www.jnll.co.uk](http://www.jnll.co.uk)

**Bromley Ski Centre**  
01689 876812

**Calshot Activities Centre**  
02380 892 077  
[www.hants.gov.uk/calshot](http://www.hants.gov.uk/calshot)

**Carlisle Snowsports Club**  
01228 810 696

**Catterick Ski Centre**  
01748 833 788

**Chatham Ski & Snowboard Centre**  
01634 827979  
[www.jnll.co.uk](http://www.jnll.co.uk)

**Christchurch Ski & Leisure Centre Ltd.** 01202 499155  
[www.christchurchskiandleisurecentre.co.uk](http://www.christchurchskiandleisurecentre.co.uk)

**Condor Dry Ski Slope**  
01241 872 201

**Craigavon Golf and Ski Centre**  
028 3832 6606  
[www.craigavon.gov.uk](http://www.craigavon.gov.uk)

**Dan Yr Ogof Ski Slope**  
01639 730284

**Exeter & District Ski Centre**  
01392 211422

**Firpark Snowsport School**  
01259 751 772

**Folkestone Ski Centre**  
01303 850333

**Glasgow Ski and Snowboard Centre**  
0141 427 4991/3  
[www.ski-glasgow.org](http://www.ski-glasgow.org)

**Glenmore Lodge**  
01479 861256  
[www.glenmorelodge.org.uk](http://www.glenmorelodge.org.uk)

**Gloucester Ski and Snowboard Centre** 01452 414300  
[www.gloucesterski.com](http://www.gloucesterski.com)

**Gosling Ski and Board Centre**  
01707 384 384  
[www.goslingsports.co.uk](http://www.goslingsports.co.uk)

**Halifax Ski Centre**  
01422 340760  
[www.dryski.tv](http://www.dryski.tv)

**Hemel Ski Centre**  
01442 241321  
[www.hemel-ski.co.uk](http://www.hemel-ski.co.uk)

**Kendal Ski Club**  
01539 732 031  
[www.kendalski.co.uk](http://www.kendalski.co.uk)

**Knockhatch Ski and Snowboard Centre** 01323 442051  
[www.ski-knockhatch.com](http://www.ski-knockhatch.com)

**Llandudno Ski and Snowboard Centre** 01492 874707

**Llangrannog Ski Centre**  
01239 654656

**Midlothian Ski Centre - Hillend**  
0131 445 4433  
[www.midlothian.gov.uk](http://www.midlothian.gov.uk)

**Mount Ober Golf Ski & Leisure Centre** 02890 795 666

**Newmilns Ski Slope**  
01560 322320

**Norfolk Ski Club Ltd**  
01603 662781  
[www.norfolkskiclub.co.uk](http://www.norfolkskiclub.co.uk)

**Oval Sports Centre**  
0151 645 0551

**Pembrey Ski Slope**  
01554 834443

**Pendle Ski Club**  
01200 425222

**Plas-y-brenin National Centre for Mountain Activities**  
01690 720214  
[www.pyb.co.uk](http://www.pyb.co.uk)

**Plymouth Ski & Snowboard Centre**  
01752 600220  
[www.jnll.co.uk](http://www.jnll.co.uk)

**Polmont Hill Ski Slope**  
01324 503 835  
[www.polmonthill.co.uk](http://www.polmonthill.co.uk)

**Pontypool Ski Centre**  
01495 756 955

**Rhiw Goch Ski & Mountain Bike Centre** 01766 540578  
[www.logcabin-skiwales.co.uk](http://www.logcabin-skiwales.co.uk)

**Rossendale Borough Council**  
01706 226 457  
[www.ski-rossendale.co.uk](http://www.ski-rossendale.co.uk)

**Runcorn Ski and Snowboard Centre**  
01928 701 965  
[www.runcornskicentre.co.uk](http://www.runcornskicentre.co.uk)

**Sandown Active Sports**  
01372 461111  
[www.sandownsports.co.uk](http://www.sandownsports.co.uk)

**Sheffield Ski Village**  
0114 276 9459  
[www.sheffieldski-village.co.uk](http://www.sheffieldski-village.co.uk)

**Ski & Snowboard Centre Cardiff**  
029 20561793  
[www.skicardiff.com](http://www.skicardiff.com)

**Southampton Ski Centre**  
023 8079 0970

**Stoke Ski Centre**  
01782 204159  
[www.stokeskicentre.co.uk](http://www.stokeskicentre.co.uk)

**Suffolk Ski Centre**  
01473 602 347

**Sunderland Ski Centre**  
0191 553 5785

**Swadlincote Ski & Snowboard Centre** 01283 217200  
[www.jnll.co.uk](http://www.jnll.co.uk)

**Swansea Ski Centre**  
01792 645639

**Tallington Dry Ski Slope**  
01778 344990  
[www.waspsdirect.com](http://www.waspsdirect.com)

**Telford Ski Centre**  
01952 586862

**Torquay Alpine Ski Club**  
01803 313350  
[www.skitorquay.co.uk](http://www.skitorquay.co.uk)

**Warley Ski Centre**  
01277 211 994

**Warmwell Ski Centre**  
01305 853245

**Wellington Dry Ski Slope**  
01823 663010  
[www.tauntondeaneleisure.co.uk](http://www.tauntondeaneleisure.co.uk)

**Whickham Thorns Outdoor Centre**  
0191 433 5767  
[www.gateshead.gov.uk](http://www.gateshead.gov.uk)

**Wycombe Summit Ski and Snowboard Centre**  
01494 474711  
[www.wycombesummit.com](http://www.wycombesummit.com)

**Yeovil Ski Centre Ltd**  
01935 421 702  
[www.yeovilski.com](http://www.yeovilski.com)

## Indoor Snow Slopes

**Snozone**  
01908 230260  
[www.xscape.co.uk/](http://www.xscape.co.uk/)  
[www.snozonemk.co.uk](http://www.snozonemk.co.uk)

**Tamworth Snowdome**  
08705 00 00 11  
[www.snowdome.co.uk](http://www.snowdome.co.uk)

## Scottish Ski Areas

**Cairn Gorm Mountain Ltd**  
01479 861261  
[www.cairngormmountain.com](http://www.cairngormmountain.com)

**Glencoe Ski Centre**  
01855 851226  
[www.ski-glencoe.co.uk](http://www.ski-glencoe.co.uk)

**Glenshee Ski Centre**  
01339 741320  
[www.ski-glenshee.co.uk](http://www.ski-glenshee.co.uk)

**Lecht Ski Centre**  
01975 651 440  
[www.lecht.co.uk](http://www.lecht.co.uk)

**Nevis Range**  
01397 705825  
[www.nevis-range.co.uk](http://www.nevis-range.co.uk)



# Contacts and Sources of information

## Useful Contacts

### Snowsport Governing Bodies

#### English Ski Council

Area Library Building, Queensway Mall, The Cornbow, Halesowen, West Midlands, B63 4AJ

Phone: 0121 501 2314

Fax: 0121 585 6448

Email: [esc@englishski.org](mailto:esc@englishski.org)

Website: [www.englishski.org](http://www.englishski.org)

#### Snowsport Scotland

Hillend, Biggar Road, Midlothian, EH10 7EF

Phone: 0131 445 4151

Fax: 0131 445 4949

Email: [info@snowsportscotland.org](mailto:info@snowsportscotland.org)

Website: [www.snowsportscotland.org](http://www.snowsportscotland.org)

#### Snowsport Wales

Cardiff Ski Centre, Fairwater Park, Cardiff

South Glamorgan, CF5 3JR

Phone: 02920 561904

Fax: 02920 561924

Email: [robin.snowsportwales@virgin.net](mailto:robin.snowsportwales@virgin.net)

Website: [www.snowsportwales.net](http://www.snowsportwales.net)

#### Northern Ireland Ski Council

43 Bally Maconnell Road, Bangor,

Co Down, N. Ireland

Phone: 02891 464927

### Schools Skiing Associations

#### English Schools Ski Association

Nigel Robinson

Phone: 01234 332500

#### Scottish Schools Ski Association

Mrs Hutchison

C/o Dollar Academy, Dollar, FK14 7QU

Phone: 01259 742511

Fax: 01259 742867

Email: [lh@dollarakademy.org.uk](mailto:lh@dollarakademy.org.uk)



## Useful Publications

### Skiing and the National Curriculum

Published in 1999 by The English Ski Council, this guide illustrates how skiing can be developed across the curriculum. The guide is free from the English Ski Council office.

### Health and Safety of Pupils on Educational Visits

Published by DfEE in 1998, responsibility for this has passed to DfES.

The guide is free and can be ordered from DfES publications Tel 0845 6022260 or e-mail [dfes@prolog.uk.com](mailto:dfes@prolog.uk.com), quoting Ref HSPV2.

Alternatively the entire guide is available to download from

[www.teachernet.gov.uk/management/guidance\\_and\\_legislation/visits](http://www.teachernet.gov.uk/management/guidance_and_legislation/visits)

There are three supplements to the above guide, all available from the sources above: Standards for LEA's in Overseeing Educational

- \* Visits
- \* Standards for Adventure
- \* Handbook for Group Leaders

### Planning an Educational Visit

This booklet, produced by the School Travel Forum offers a concise guide to the running of safe and effective visits with tour operators. The booklet is downloadable at [www.educationaltravel.org.uk](http://www.educationaltravel.org.uk)

## Other Contacts

### Snowlife

Snowlife is an industry funded information source for UK snowsport. The Snowlife website provides a wealth of information, is easy to navigate and also contains all the information available in this guide.

Website: [www.snowlife.org.uk](http://www.snowlife.org.uk)

### British Ski Slope Operators Association (BSSOA)

Phone: 01494 474711

Website: [www.bssoa.co.uk](http://www.bssoa.co.uk)

### National Council For School Sports

95 Boxley Drive, West Bridgford, Nottingham Nottinghamshire, NG2 7GN

Phone: 0115 9231229

Fax: 0115 9231229

Email: [schoolsport@ntlworld.com](mailto:schoolsport@ntlworld.com)

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